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# **Week 9 – Youth Leaders in Action**

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**Learning Objectives Facilitator**

**Words for the week: Facilitator**

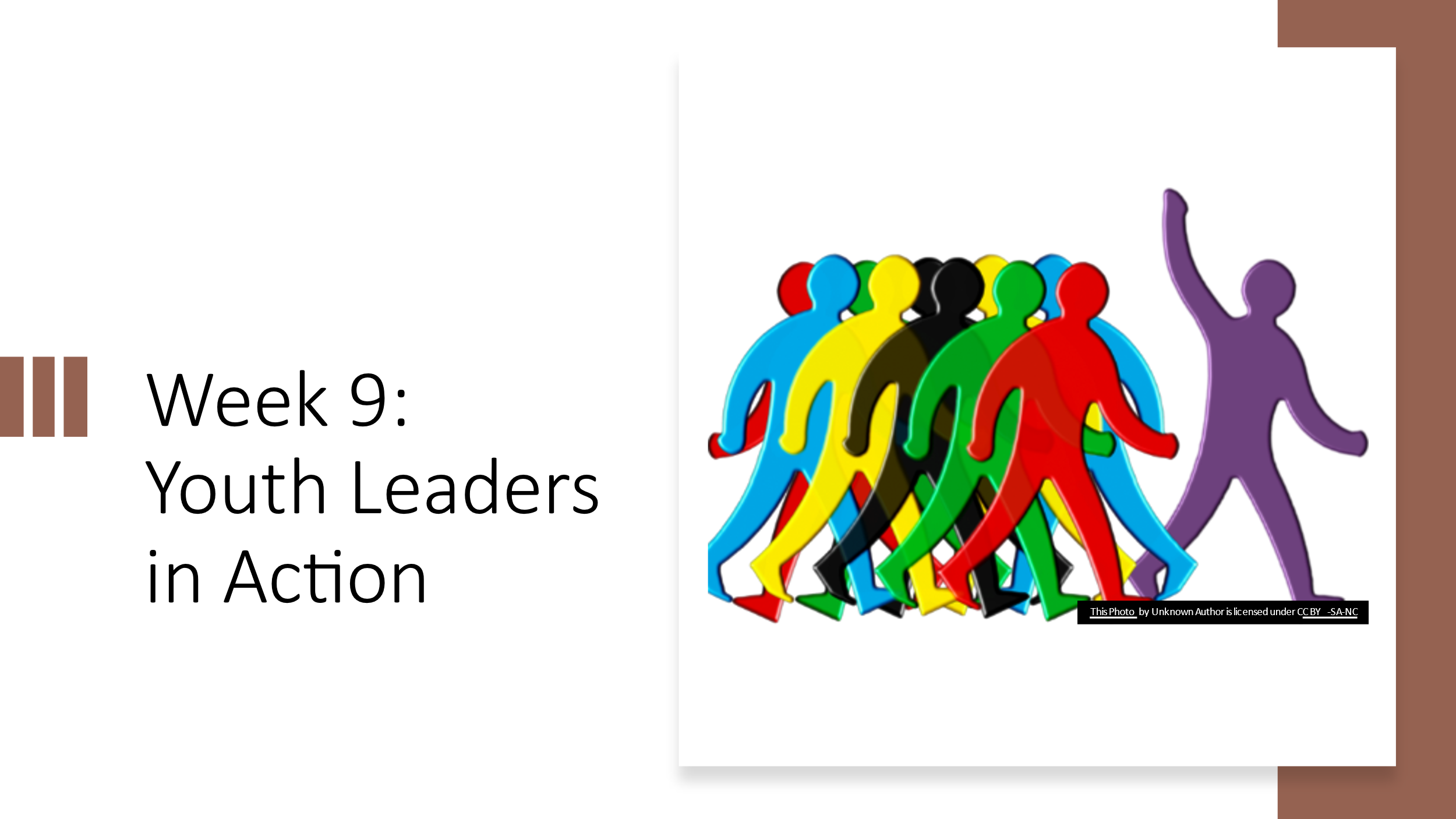
**Vision Board** - A vision board is something you can see or touch. It’s a picture or a way to talk about your goals.

**Collage** – Is one way you can do a vision board.

An example of a collage is **to gather together pictures, words and pressed flowers to make a work of art**. ... The definition of a collage is a piece of art created by combining photos, clippings or small objects onto a surface. An example of a collage is a picture of a flower made with many pictures of friends and family.

**Shadow box** - A shadow box is another example. You can put things in it that is important to you. It can be objects or words.



1. Group discussion: Introduction Icebreaker **Facilitators 20 minutes**

Talk about your goals and vision

**Michael talks about setting your goals for the day or the weekend or next week. Taking small steps…**

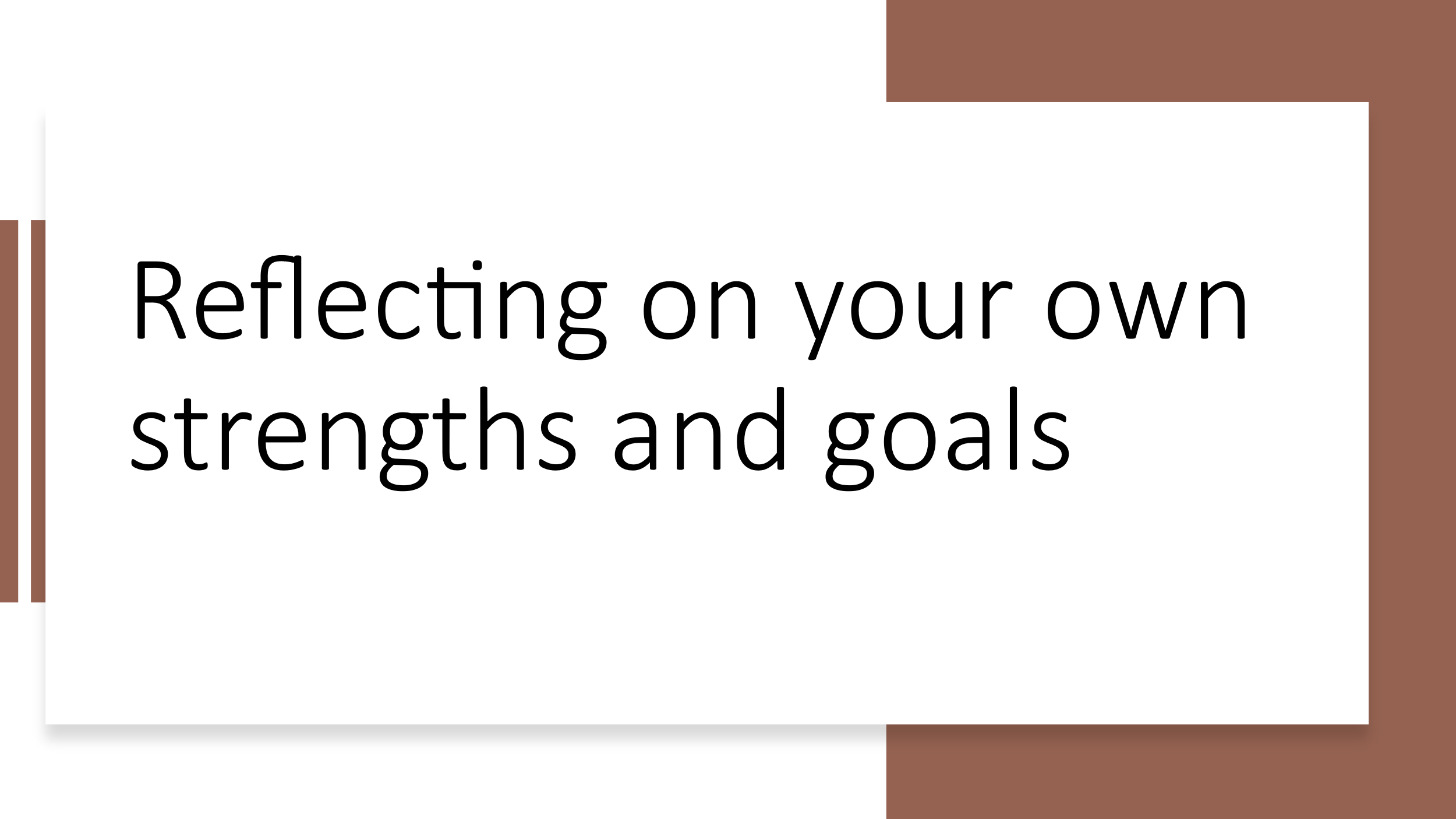
**Questions:**

What are your long-term goals in life?

Where do you see yourself in 5 years?

Where do you see yourself in 10 years?

1. Small group discussions: Reflecting on their own strengths **Facilitators 20 minutes**



**Questions:**

What are you good at? Hobbies, talents, interests, experiences, or skills…

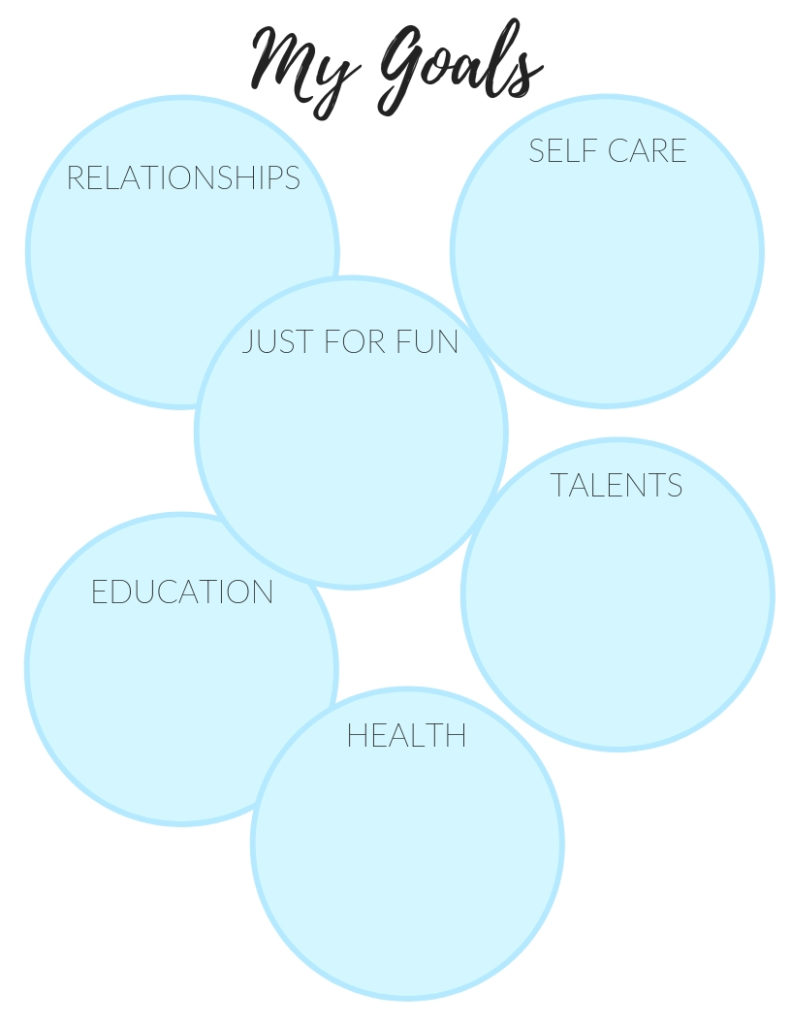
What are your leadership goals?

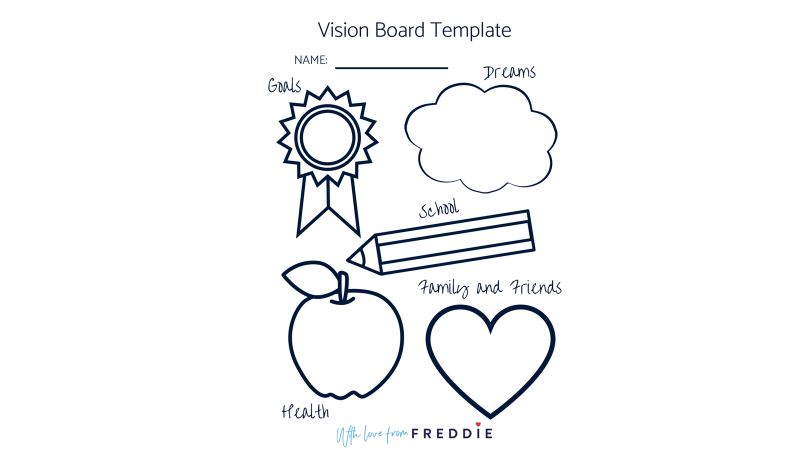
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| --- | --- | --- |
|  | **Facilitator** | **Note taker** |
| 1 | Person 1 | Person 4 |
| 2 | Person 2 | Person 5 |
| 3 Main | Person 3 | Person 6 |

1. Group discussion: Your leadership vision board **Facilitators 5 minutes**

Share examples of vision boards









1. Presentation: Melody and Michael will share their stories **Juliana 15 minutes**

**Melody story**

* Moved to Indiana in 1990 and worked at a workshop making sub-minimum wage, then worked at a grocery store bagging groceries
* Took a class in early 2000, Partners in Policy from the DD Council
* Introduced to self advocacy group by a presenter, Betty Williams
* Mentored by Betty and learned a lot
* Went to state and national conferences to present
* Became an officer for the self advocacy group
* I am a graduate of the LEND program in Indiana in 2016
* I am currently writing a book about my life

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**Michael story**

* I started understanding who I was when I took a class in college and wrote about the “R” word
* It helped me to tell my story at the capitol when we were changing the spread the word, end the “R” word in our state
* From there I started attending advocacy conferences nationally and locally
* I have been interviewed by the news station about ending the “R” word
* I was invited by the director of the UCCEDD to be part of the LEND program
* I went back to college and have graduated from the LEND program in 2015 and for the past 5 years I am a self advocacy faculty
* This past December I was invited to apply for a position at the Disability Rights Center in Arkansas as a Disability Self Advocacy Coordinator for the Self Advocacy Network Development SAND

1. Your own Vision Board **Facilitator 15 minutes**



**Ways to share your vision board -** possible ways you can share

1. What’s next? **Facilitator 10 minutes**

Sharing your vision boards

Next week: learning about elevator speeches.

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