

Week 11

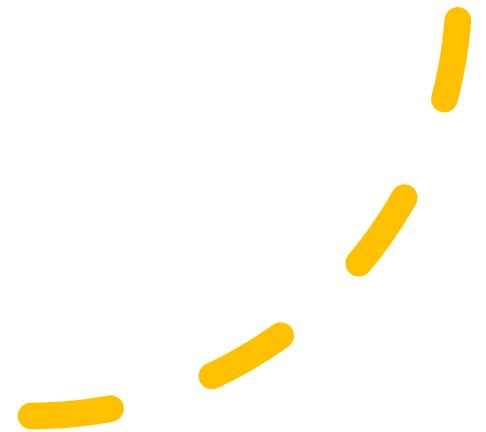
Planning to Present

The illustration is titled "YOUTH AMBASSADOR CURRICULUM" and "WEEK 11: PLANNING TO PRESENT". It is a hand-drawn style graphic with three main sections: "BEFORE", "DURING", and "AFTER".

- BEFORE:** Includes tips like "IT'S OKAY TO BE NERVOUS... TAKE SOME DEEP BREATHS", "IN & OUT", "LOOK OVER YOUR NOTES", "PRACTICE IN FRONT OF THE MIRROR OR WITH OTHERS TO GET SOME CONSTRUCTIVE FEEDBACK", "CHECK YOUR TECH!", and "IT'S SHOW TIME!".
- DURING:** Includes "BE YOURSELF!", "PAY ATTENTION TO YOUR AUDIENCE'S ENGAGEMENT", "WATCH FACIAL EXPRESSIONS & BODY LANGUAGE!", "THAT'S OKAY! JUST KEEP GOING!", and "IF YOU'RE PRESENTING ONLINE BE SURE TO CHECK THE CHAT BOX".
- AFTER:** Includes "CELEBRATE & BE PROUD OF YOURSELF", "REFLECT! WHAT WENT WELL?", "HOW CAN I IMPROVE?", "GET FEEDBACK FROM PEOPLE YOU TRUST", "MAKE ANY RECOMMENDED CHANGES/IMPROVEMENTS", and "AFTER".

Artwork courtesy of Gabby Melnick with Sangha Unity Network

Icebreaker—



Learning Objectives

1

Learn about
what an action
plan looks like

2

Learn why
details are
important in
planning

3

Talk About Your
Action Plan fits
in with you
State's Plan

4

Discuss your
ideas in small
group

Words for the
Week

Action plan

Peanut Butter and Jelly

Project

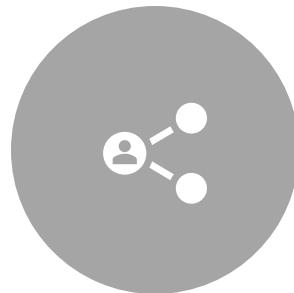
Product

Report on Homework



State priorities

What ideas and feedback does your state team have about your ideas on your project and or products?



Did you discuss your individual goals with your state team or a state team member? It can be your state liaison or other Youth Ambassadors.



If you are having trouble connecting in your state let us know. We can help you.

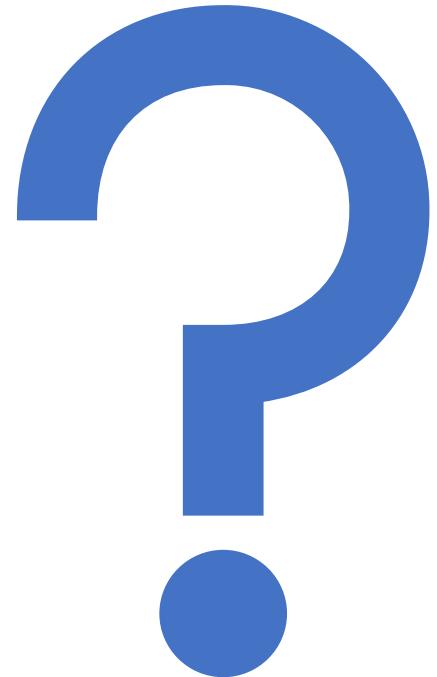


Activity:
How to
make a
peanut
butter and
jelly
sandwich

Small Group Discussion

**A Time to Share Your Ideas
With Your Peers**

Small Group Debrief



Any questions?

About

The Center is a project of the Institute for Community Inclusion at UMass Boston (ICI) in partnership with:

- Center for Public Representation (CPR)
- Self Advocates Becoming Empowered (SABE)
- Human Services Research Institute (HSRI)

in consultation with experts from:

- Harvard Law School Project on Disability
- Georgia Advocacy Office

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The content of this document does not necessarily represent the policy of ACL or HHS.

For more information

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The Youth Ambassador Curriculum was written and administered by Self Advocates Becoming Empowered in consultation with CYVYC partners.

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